

# Atlantic Edge

## Peak Performance Buoyancy Description

Excellent buoyancy control is what defines skilled scuba divers. You've seen them underwater. They glide effortlessly, use less air and ascend, descend or hover almost as if by thought. They more easily observe aquatic life without disturbing their surroundings.

In order to maximize your training program please read this document carefully. All the information contained in this course description is essential for the successful completion of your training.

### Prerequisite (bring your certification card with you)

- Open Water certification

### Class Schedule

Saturday or Sunday 9am- 5pm

Location: Hyde's Quarry, or Dutch Springs

### Preparation

Before you arrive for your class, there are three things you must have:

- Paperwork
- Knowledge Reviews
- Dive gear

### Paperwork

In order to facilitate the progress of class, it is imperative that all students have their paperwork complete. You must have all of these forms completed **BEFORE** you come to your first class.

#### Please complete the following:

- Diver Information Sheet
- PADI Medical Statement: **Please go over the Medical Statement form as soon as possible.** All answers on the Medical Statement must be either "Yes" or "No" (not "Y" or "N") and if you answer "YES" to any of the questions then you **must** have your doctor sign-off that you are medically permitted to undertake scuba diving. The Physician's Statement is included with the Medical Statement form. The Instructor **does not** have authorization to waive the Physician's Statement requirement. **If you arrive for the class without medical clearance (if you checked "yes" on the medical form but did not see your physician), you will not be able to dive and will not receive a refund.** Please see our cancellation policy for more information.
- PADI Liability Release-General Training
- PADI Safe Diving Practices

These forms are also available online: <http://atlanticedge.com/page/forms>

### Knowledge Reviews

Before arriving to class you must read and complete the Knowledge Reviews in the Peak Performance Buoyancy Manual. If this is not complete, you will not be allowed to partake in the course and you will not receive a refund.

## **Gear**

Atlantic Edge Scuba will provide you with tanks and weights for your training dives. **You** are responsible for all other gear including mask, snorkel, booties, fins, 7 mm wetsuit, hood, gloves, BCD, regulator, and either computer or dive table. If you do not have this equipment, one of our staff members would be happy to help you rent or purchase it.

## **Checklist**

This checklist will help you ensure that you have everything you need prior to class:  
(all gear listed below is *required* for your course)

- Completed Knowledge Reviews
- Open Water Certification card
- Mask, Snorkel, Booties, and Fins
- BCD, Regulator, Gauges, Computer/Table
- Wetsuit, Hood, Gloves
- PADI Paperwork
- Quarry Entrance Fee (\$20-\$40)
- Lunch and water

## **CANCELING/RESCHEDULING**

If you are unable to join us for your course and you need to reschedule or cancel, you must do so online:  
[http://atlanticedge.com/page/reschedule\\_specialty\\_course](http://atlanticedge.com/page/reschedule_specialty_course)  
[http://atlanticedge.com/page/cancel\\_your\\_class\\_or\\_dive](http://atlanticedge.com/page/cancel_your_class_or_dive)

*Please note* - cancellations and reschedules are subject to a 25% admin fee up until End of Business (EOB) on Wednesday. Between EOB Wednesday and EOB Friday the admin fee is 50%, and after EOB Friday the admin fee is 100%. If you aren't going to be able to dive *please* reschedule as soon as possible.

**If you arrive for the class without medical clearance (if you checked "yes" on the medical form but did not see your physician), you will not receive a refund.**

If you have any questions, please give us a call at (301) 519-9283, or send an email to [training@atlanticedge.com](mailto:training@atlanticedge.com).

**We look forward to diving with you!**